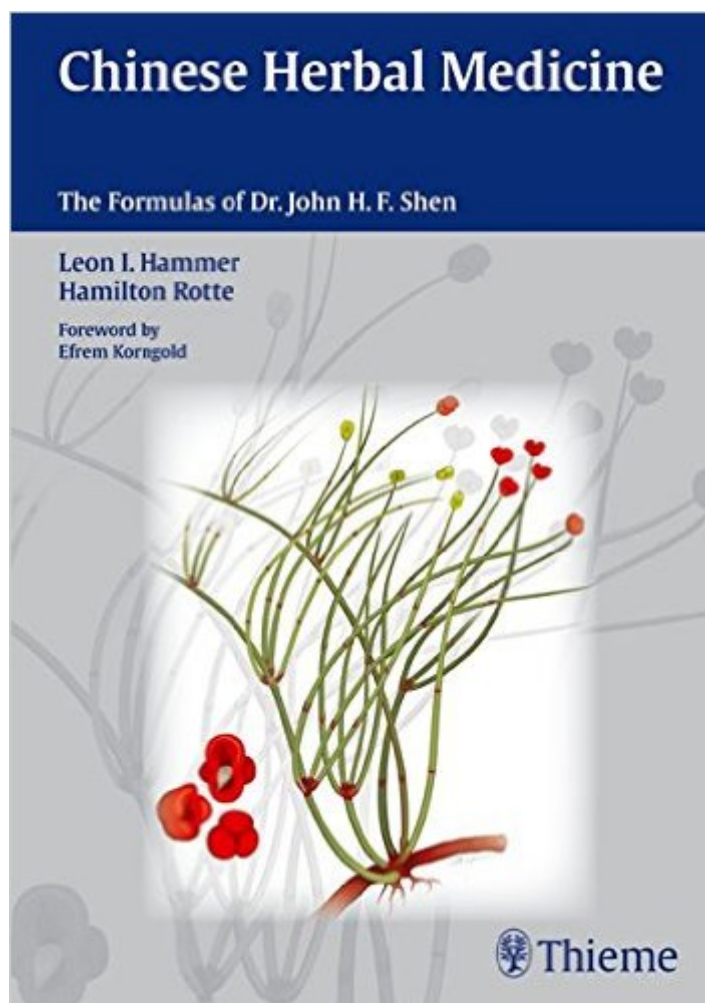


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# Chinese Herbal Medicine: The Formulas Of Dr. John H.F. Shen



## Synopsis

A treasure trove of information for practitioners of Chinese medicine, this book gathers the herbal formulas of master practitioner Dr. John H. F. Shen for the first time. Not only does it incorporate the experience of Dr. Leon Hammer, who studied directly with Dr. Shen for nearly three decades, but it also presents the stimulus, rationale, and thinking behind many of the formulas. The result is a unique compendium of diseases spanning infancy to old age, with expert analysis and commentary by the authors, and the clinically tested herbal formulas used to treat each condition. Special Features Logically organized in two sections: the first by standard medical systems ranging from cardiovascular to respiratory; and the second by life cycle progression and developmental milestones Offers valuable insights on the etiology, symptoms, pathogenesis, and clinical signs of each disease Combines pulse diagnosis with herbal medicine for superior therapeutic outcomes Builds on the prominent Ding-Menghe lineage in Chinese medicine, dating back to the early 1600s Offering a window into the mind and practice of one of the greatest innovators in Chinese medicine, and integrating the knowledge and expertise of two foremost modern practitioners, this book is the only complete source available on Dr. Shen's herbal heritage. It is essential reading for all Chinese medicine practitioners, herbalists, and other medical professionals prescribing herbs.

## Book Information

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## Customer Reviews

For those who are familiar with Dr. Leon Hammer's massive tome on Contemporary Chinese Pulse

Diagnosis, there are pulses that point to patterns that were advanced by Dr. Hammer's long-time teacher Dr. John H.F. Shen. Dr. Shen's patterns, being distinct in various respects from standard TCM patterns and at the very least raise the question: If I accept that this pattern exists, then just as importantly, how do I deal with this? Those who have studied up to a certain point with Dr. Hammer's designated instructors will have been exposed at least to a handful of Dr. Shen's formulas for patterns like "blood thick" and the "Qi Wild" situation among others. Discussed in this book are a large number of formulas used by Dr. Shen for various situations with some comments retained from Dr. Shen with more extensive commentary by the authors Dr. Leon Hammer and Hamilton Rotte. Anyone interested either in Contemporary Chinese Pulse Diagnosis and its relation to treatment as well as diagnosis would of course find the book interesting. Other people who have heard of the Ding family of Shanghai might want to see some of Shen's formulas that still show some of what seem to modern practitioners of TCM as light doses of the individual ingredients. I think the literature on modern TCM is becoming more voluminous, and access in English to decent versions of the classics make it possible for people to see how modern TCM has proceeded. Even so, interpretations of what those ancient texts mean is often the province of not only ancient, but modern commentators who sometimes have differing interpretations of the "old books". This book takes a particular lineage's point of view and shows how modern practitioners trained in that line of thinking think about herb formulas.

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